



Simple Sauna Sizing

Sizing Your Harvia

One - Measure Area

L _____ x W _____ x H _____ = _____ Cubic Feet

Two - Calculate Cold Surface* Adder

Cold Surface Square Feet: _____ x 2* = _____ Cold Surface Adder

Three - Harvia Size

Sauna Cubic Feet _____ + Adder _____ = _____ Harvia Heater Size

*Cold surface materials include glass, tile walls, brick, concrete, and stone. These materials affect sauna heater sizing. For each square foot of cold surface materials (excluding door), an additional 2 cubic feet must be added to the total room volume calculation.